

HEALTH – GRADE 8 – 2000

TOPIC/CONCEPTS

FIGHTING AGAINST DISEASE S2.1-8,10

Healthy decisions and practices can control or prevent many human diseases.

SKILLS

Students will be able to:

- A. Describe some major kinds of disease germs that cause communicable diseases.
- B. Recognize how viruses harm your body.
- C. Describe the first, second and third line defenses against communicable disease.
- D. Describe the major causes, symptoms and treatment of some of the common communicable respiratory diseases.
- E. Know what causes non-communicable diseases.
- F. Describe the symptoms and causes of several kinds of allergies.
- G. List health practices that help prevent and control disease.

PROCEDURE

Teacher will discuss:

- A. What causes communicable disease.
- B. How viruses harm your body.
- C. What are the first, second and third line of defense?
- D. How vaccines give you immunity from diseases.
- E. Diseases of the respiratory system
- F. Cause and prevention of non-communicable diseases
- G. Different kinds of allergies
- H. How a healthy lifestyle helps prevent disease.

ACTIVITIES

Students will read and discuss Chapter 7, Lesson 1-6.

EVALUATION

Review conducted through materials and methods on pages 328-329 of Chapter 7 Study Guide.

TOPIC/CONCEPTS

CHOICES ABOUT PARENTHOOD S2.4-12

- A. Consequences of Teenage Pregnancy
- B. Abstinence
- C. Methods of Contraception
- D. Sterilization

SKILLS

The student will:

- A. Develop an understanding of the consequences of teenage pregnancy.
- B. Develop an understanding of the concept of abstinence.
- C. Develop an understanding of the methods of contraception and sterilization.

PROCEDURE

Teacher will:

- A. Discuss consequences of teenage pregnancy.
- B. Discuss avoiding teenage pregnancy, abstinence and methods of contraception.

ACTIVITIES

Students will:

- A. Read and discuss the text.
- B. Complete class assignments and take notes.
- C. Develop vocabulary skills.

EVALUATION

- A. Class Participation
- B. Quizzes and Tests
- C. Written Assignments
- D. Class Projects

TOPIC/CONCEPTS

SEXUALLY TRANSMITTED DISEASES 2.4-12

- A. What is a Sexually Transmitted Disease?
- B. Avoiding Sexually Transmitted Diseases
- C. Treatment of Sexually Transmitted Diseases

SKILLS

The student will:

- A. Develop an understanding of sexually transmitted diseases and how they are transmitted.
- B. Develop an understanding for treatment and prevention of these diseases.

PROCEDURE

- A. Discuss what is a sexually transmitted disease.
- B. Discuss why they should learn about sexually transmitted diseases.
- C. Discuss each sexual disease.
- D. Discuss treatment and prevention.

ACTIVITIES

- A. Read and discuss text.
- B. Complete class assignments and take notes.
- C. Develop vocabulary skills
- D. Utilize videos and current event articles.

EVALUATION

- A. Class Participation
- B. Quizzes and Tests
- C. Written Assignments
- D. Class Projects

TOPICS/CONCEPTS

DRUG EDUCATION S2.3-8

- A. Harmful Effects of Drugs Including Alcohol, Tobacco, Hallucinogens, Marijuana, Cocaine, Inhalants and Steroids
- B. Harmful Effects of Look-Alike Drugs
- C. Safe, Legal and Appropriate Party Activities
- D. Hazards of Drugs While Driving
- E. Hazards of Drugs During Pregnancy
- F. Chemical Dependency
- G. Qualities and Strengths of Classmates and Self

SKILLS

Students will be able to:

- A. Explain the harmful effects of drugs.
- B. Demonstrate the ability to plan fun, safe and appropriate activities.
- C. Explain the hazards of driving while under the influence of drugs and the consequences of inappropriate drug use.
- D. Understand the dangers of drug use during pregnancy.
- E. Understand the consequences of chemical dependency.
- F. Gain an appreciation of the strengths and worth of classmates and self.
- G. Understand the importance of a long-term life style plan for a healthy life.

PROCEDURE

- A. Review definitions of drug-related terminology.
- B. Demonstrate through audiovisual materials the harmful effects of drugs.
- C. Utilize the materials given in Project Alert as a guide for a sequential development of the knowledge provided in the unit.

ACTIVITIES

- A. Read and discuss text.
- B. Complete class assignments and chapter study guide.
- C. Follow lessons contained in the Project Alert guide.
- D. Read and discuss current event articles.

EVALUATION

- A. Written Assignments
- B. Quizzes and Tests
- C. Group Reports and Projects

BIBLIOGRAPHY

Project Alert – Copyright 1997 by the Best Foundation for a Drug-Free Tomorrow

Human Sexuality – A Responsible Approach – Copyright 1998 by Scott Foresman Co.