



NORWESCAP  
Head Start



# HOPATCONG HEAD START

Program Overview

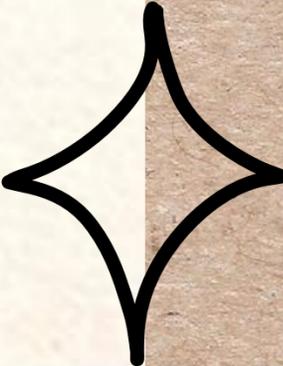


## About us



We are a federally funded early childhood education program serving the most vulnerable children and families.

As a founding leader of the whole-child philosophy, we focus on comprehensive services to support a child's emotional, physical, and developmental health.





## Our Staff

The majority of our Head Start teachers have Bachelor's degrees or higher.

The teachers have ongoing professional development days and opportunities scheduled throughout the year.

# CHILD DEVELOPMENT

**CLASS RUNS 7 HOURS A DAY. 5 DAYS A WEEK**

- Research based Creative Curriculum
- Individualized lesson planning
- Developmental assessments and screenings
- Free breakfast, lunch, and snack
- We provide all school supplies- only a backpack and folder are needed
- We have a morning tooth brushing routine in the classroom
- We help potty train
- Open door policy with parent volunteer opportunities
- On-site Family Advocate



# HEALTH AND WELLNESS SERVICES

- Vision and Hearing screenings
- Track health statuses for physicals, immunizations, and dental visits
- Offer free healthy meals and snacks
- Collaborate with Zufall Health Center to offer free on-site dental cleanings and screenings
- Create action steps to support each child's emotional health



**The Zufall  
Dental Van  
comes right  
to our  
center!**

**The kiddos  
brush their  
teeth with us  
every  
morning!**



# FAMILY ADVOCACY



- Individual Family Partnership Meetings
  - Learn about the family and their evolving strengths, challenges, and needs identified
  - Develop parent-driven family goals
- Connect families to community resources and events
- Facilitate monthly Parent Action Committee meetings
- Offer and encourage parent volunteer activities as well as parent trainings



# FAMILY STYLE MEALS



**For Breakfast, Lunch, and Snack  
we use family style dining**

- Family style dining encourages learning and development, not only at the table but away from mealtime as well.
- Children learn independence, social skills, and other important habits that will last them through adulthood.



# CLASSROOM WORKSHOPS



**Children's Oral Health Program,  
provided by Zufall Health Center.**



**Fire Safety, with Hopatcong's Chief Fire  
Marshall.**



**Lead Poisoning Prevention Workshop,  
provided by The Partnership for  
Maternal and Child Health.**

# ELIGIBILITY

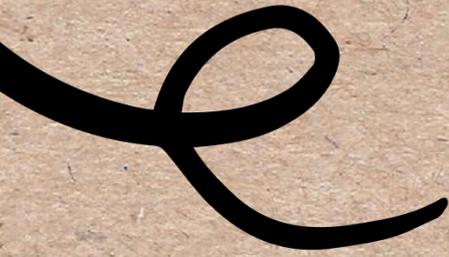


## Automatic Eligibility

- SNAP
- TANF
- Foster Care or Kinship Care
- SSD

## Other Verifiable Criteria

- Income: following federal poverty guidelines
- Families experiencing insecure housing or homelessness



# How to refer

**Contact Mia Lennon, Family Worker, via...**

**Email:** [lennonm@norwescap.org](mailto:lennonm@norwescap.org)

**Text:** 908-283-6184

**Center:** 973-398-4486

