



NORWESCAP
Head Start



HOPATCONG HEAD START

Program Overview





About us

We are a federally funded early childhood education program serving the most vulnerable children and families.

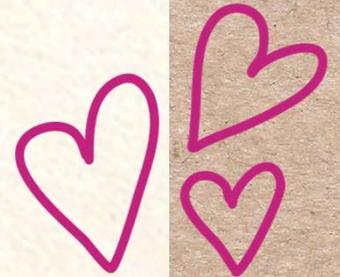
As a founding leader of the whole-child philosophy, we focus on comprehensive services to support a child's emotional, physical, and developmental health.



Our School District Head Start Teachers have Bachelor's degrees or higher, and have their P3 Certification. Our Head Start Teachers Assistants and Disability Service Aides are required to have their Child Development Associate credential (CDA). All of our staff are CPR & First Aid Certified.

The teachers also have ongoing professional development days and opportunities scheduled throughout the year.

Our Staff



CHILD DEVELOPMENT

CLASS RUNS 7 HOURS A DAY. 5 DAYS A WEEK

- Research based Creative Curriculum
- Individualized lesson planning
- Developmental assessments and screenings
- Free breakfast, lunch, and snack
- We provide all school supplies- only a backpack and folder are needed
- We have a morning tooth brushing routine in the classroom
- We help potty train
- Open door policy with parent volunteer opportunities
- On-site Health Specialist
- On-site Family Advocate



HEALTH AND WELLNESS SERVICES

- Vision and Hearing screenings
- Track health statuses for physicals, immunizations, and dental visits
- Offer free healthy meals and snacks
- Collaborate with Zufall Health Center to offer free on-site dental cleanings and screenings
- Create action steps to support each child's emotional health



**The Zufall
Dental Van
comes right to
our center!**

**The children
brush their
teeth with us
every morning!**



FAMILY ADVOCACY



- Individual Family Partnership Meetings
 - Learn about the family and their evolving strengths, challenges, and needs identified
 - Develop parent-driven family goals
- Connect families to community resources and events
- Facilitate monthly Parent Action Committee meetings
- Offer and encourage parent volunteer activities as well as parent trainings



FAMILY STYLE MEALS



**For Breakfast, Lunch, and Snack
we use family style dining**

- Family style dining encourages learning and development, not only at the table but away from mealtime as well.
- Children learn independence, social skills, and other important habits that will last them through adulthood.



CLASSROOM WORKSHOPS



**Washing Germs Away, provided by
Sussex County Public Health Nursing**



**Lead Poisoning Prevention Workshop,
provided by The Partnership for
Maternal and Child Health**



**Children's Oral Health Program,
provided by Zufall Health Center**

CLASSROOM WORKSHOPS



**Fire Safety with Hopatcong's
Chief Fire Marshall**



**Safety with Hopatcong's
Police Department**

ELIGIBILITY



Automatic Eligibility

- SNAP
- TANF
- Foster Care or Kinship Care
- SSD

Other Verifiable Criteria

- Income: following federal poverty guidelines
- Families experiencing insecure housing or homelessness



How to refer

Contact Mia Lennon, Family Worker, via...

Email: lennonm@norwescap.org

Text: 862-243-2695

Center: 973-398-4486

