

Mental Health and Support Services

You're Not Alone



Susan Pallotta - Social Worker
Melissa Stein - School Counselor/Student Assistance Counselor

Mental Health Resources

New Jersey System of Care -Perform Care
1-877-652-7624

NJ Department of Human Services Toll-Free "Warm" Line
(877) 294-HELP (4357)

SAMHSA Disaster Distress Helpline - Speak to a Trained Counselor
1-800-985-5990
Text TalkWithUS 66746

2nd Floor Youth Crisis Hotline
(888) 222-2228

Summit Oaks Hospital – Summit, NJ

Saint Clare's Hospital Denville/Boonton, NJ

Center For Family Services Prevention Hub

Crisis Text Line

988 Suicide and Crisis Hotline

National Alliance on Mental Illness
1-800-950-NAMI (6264)