

The following is an overview of the Family Life Education Program Curriculum outline that is in compliance with New Jersey law and regulation and has been in place from 1969 to present.

Upon request, parents/guardians will be given an opportunity to preview films and materials before they are used in the classroom. Call your building Principal for information.

**FAMILY LIFE EDUCATION PROGRAM  
CURRICULUM OUTLINE  
GRADE 6**

Hopatcong Middle School Health  
6th Grade

1. Healthy Relationships
  - 1.1. What is communication
  - 1.2. Family Relationships
  - 1.3. Friends and Peers
  - 1.4. Building strong friendships
  - 1.5. Resolving Conflicts
2. Personal Health
  - 2.1. Teeth, Skin, Hair
  - 2.2. Hygiene
  - 2.3. Using medicines responsibly
    - 2.3.1. Tolerance
    - 2.3.2. Misuse of medicines
3. Tobacco
  - 3.1. Harmful effects of Tobacco on the body
  - 3.2. Addiction
  - 3.3. Other forms of Tobacco
4. Alcohol and Drugs
  - 4.1. Effects on the body
  - 4.2. Addiction and alcoholism
  - 4.3. Illegal Drugs
    - 4.3.1. Inhalants, stimulants, narcotics, anabolic steroids
  - 4.4. Drug abuse/addiction
    - 4.4.1. Effects on personal, mental, social health
5. Peer Pressure and Refusal Skills

**PROVISION FOR EXCUSING STUDENTS**

Section (i) of the Code states the following:

Any pupil, whose parent or guardian presents to the school Principal a signed statement that any part of the instruction in Family Life Education is in conflict with his/her conscience, or sincerely held moral or religious beliefs, shall be excused from that portion of the course where such instruction is being given and no penalties as to credit or graduation shall result therefrom. (N.J.S.A. 18A:35-4.6 et.seq.)

Parents or guardians who wish to excuse their child(ren) from any part of the Family Life Education Program should contact their building Principal. An excuse form will be provided for parental signature.

Any questions concerning the Family Life Education Program should be directed to the building Principal.

## **NOTIFICATION OF PARENTS AND GUARDIANS**

In compliance with Article 6:29-4.2 of the New Jersey Administrative Code, the Hopatcong Borough School District has instituted a Family Life Education Program. This program is essentially a continuation of the Human Development Program originally initiated in this district in 1969.

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With respect to parental notification, Section b (1) of the Code states the following:

The parents and guardians of pupils enrolled in the district shall receive annually an outline of the curriculum and a list of instructional materials for the grade of their child including notification about how to receive a copy of the curriculum. The district shall make available for review in each school the complete curriculum and all instructional materials shall be made available for their review.